

LEARN TO RIDE - ENGLISH LEVEL 1 RUBRIC

Α	PRACTICAL HORSE KNOWLEDGE	
No.	Requirements	Evidences
1	Approach and halter horse, lead horse out of stall, lead back to stall,	Riders must enter the stall, approach the horse/pony safely and put
	remove halter and exit.	the halter on. Riders are to lead the pony or horse out of the stall
	If cross ties are used, safety an important factor.	properly, turn it correctly, take the horse/pony back into the stall and
	Applicant to be observed for safety leading the horse out to the	remove the halter. A lead line with or without chain should be
	riding ring, ability to halt the horse, handling of reins.	attached correctly and the rider must not lead the horse without a
		lead attached.
2	Tack up the horse (with assistance)	Riders should attempt to tack up. Evaluators may assist but must be
		directed by the student.
3	Describe the color of the candidate's own horse	
4	How and what to feed as a treat	Riders must demonstrate how to feed a treat and what types of foods
		are best to offer as treats. Riders may feed the treat by hand or use
		the feed tub (Rules may differ as per stable policy).
5	Carry tack to tack room area, put up bridle in figure 8. Discuss	Riders must put the bridle up in a figure of eight arrangement. Riders
	cleaning the bit.	need not polish the bit but be aware that the bit should be rinsed to
		rid it of any dirt that may harden and become uncomfortable for the
		horse the next time it is used.
6	General Impression: Presentation of candidate, overall confidence	
	and awareness of safety	

В	RIDING PHASE		
No.	Requirements	Evidences	
1	Mount and Dismount:	mounting(from ground or block)	
	• Mount in the correct, safe manner Dismount, run up stirrups,		
	reins overhead, lead in hand.		
2	Tack Adjustments:	assistance allowed with adjustments at this level	
	• Pre-Mounting: Adjust stirrups from ground, tighten girth, and		
	put reins overhead.		
	• While mounted, adjust girth, stirrups); while reins are held		
	correctly.		

3	Position:	Riders at Level 1 should not be balancing on the horse's mouth.
	At walk and rising trot.	Hands should be independent at walk. The use of a neck strap in the
		absence of a standing martingale (neck strap) is allowed to be used
		periodically at the trot.
		Contact is applied to stop, turn and slow down, reins are then
		returned to an inactive state.
4	Drop and retake stirrups at walk	Upper body should remain still, practicing independent use of legs.
5	Transitions, Diagonals:	Riders at Level 1 should be able to change their diagonals when
	Change rising diagonal when asked.	asked but may not necessarily know if they are rising on the correct
	Transitions.	diagonal.
		Transitions: halt /walk, walk /halt, walk/trot: trot/walk
6	Figures:	Look for awareness and use of arena figures.
	Turn down centerline at walk.	
	Across the school in walk.	
	Long diagonal in rising trot.	
	• Identify direction of travel (i.e. left rein, right rein).	
7	General Impression:	Safety, knowledge of aids and a willingness to learn about the
	Overall authority, safety and confidence, rider conduct, ability to	horse/pony should be emphasized at this level.
	maintain safe riding distance in ride formation.	
	Applicant turnout and horse presentation	